

### How do I enroll?

A telephone call to the agency in your area is the first step  
in receiving CSFP nutrition services.

#### **Northern Grafton County**

Ammonoosuc Community Health Services  
444-6192 or 1-800-530-5987

#### **Strafford County**

Avis Goodwin Community Health Center  
332-4358

#### **Belknap and Merrimack Counties**

Community Action Program Belknap Merrimack Counties  
225-2050 or 1-800-578-2050

#### **Carroll County**

Ossipee Concerned Citizens  
539-6821 or 1-800-411-1106

#### **Rockingham County**

Rockingham Community Action  
778-1834 or 1-800-256-9880

#### **Hillsborough County**

Southern NH Services  
668-8010 or 1-800-322-1073

#### **Cheshire and Sullivan Counties**

Southwestern Community Services  
352-7512 or 1-800-529-0005

#### **Coos County**

Tri-County Community Action 752-3248

#### **Southern Grafton County**

Lebanon WIC Program

CSFP is a equal opportunity program. If you feel you have been discriminated  
against because of race, color, national origin, age, sex, or handicap contact  
USDA, Office of Civil Rights, 1400 Independence Ave, Washington, DC, 20250,  
telephone 1-800-795-3272 or 202-720-6382 (TTY) 4/06

# Are You Looking for Healthy Foods?



Commodity Supplemental Food Program (CSFP)  
Nutrition and Health Promotion Section  
Division of Public Health Services  
Department of Health and Human Services  
29 Hazen Drive  
Concord NH 03301

**1-800-942-4321**  
**603-271-4546**



## New Hampshire

### Commodity Supplemental Food Program

#### CSFP



#### What types of food will I receive?

Canned fruits  
Canned vegetables  
Canned fruit juices  
Canned meats  
Evaporated milk  
Instant nonfat dry milk  
Cereals  
Rice, pasta, or instant potatoes  
Peanut butter  
Cheese

#### Who is eligible for CSFP?

Children up to six years of age who are not enrolled in WIC.

New mothers not enrolled in WIC, up to one year after the baby is born.

#### How do I qualify for CSFP?

You must live in NH and your gross income must be within these USDA guidelines, effective April 2006.

<b>Family Size</b>	<b>weekly</b>	<b>yearly</b>
1 person	\$349	\$18,130
2 persons	\$470	\$24,420
3 persons	\$591	\$30,710
4 persons	\$712	\$37,000

#### Questions?

Call the CSFP State Agency at  
**1-800-942-4321** or one of the Local  
Agencies listed on the back.